

Aetna Student Health Plan Design and Benefits Summary Preferred Provider Organization (PPO)

Loyola Marymount University

Policy Year: 2025–2026 Policy Number: 474945

www.aetnastudenthealth.com

(877) 409-7356





Disclaimer: These rates and benefits are pending approval by the California Department of Insurance and can change. If they change, we will update this information.

This is a brief description of the Student Health Plan. The plan is available for Loyola Marymount University students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at

<u>https://www.aetnastudenthealth.com.</u> If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Loyola Marymount Student Health Services

The Loyola Marymount Student Health Services is a full-service medical office accredited by the Accreditation Association for Ambulatory Health Care. Health services are available to all students enrolled in 6 or more billable units. The staff includes a board certified physician and nurse practitioners in addition to registered nurses and trained support staff. Student Health Services is open weekdays from 8:00 a.m. to 5:00 p.m., with extended hours on Wednesdays until 7 p.m. during the Fall and Spring Semesters.* In the event of an emergency, call 911 or the Department of Public Safety at (310) 338-2893.

* Please note, due to the current pandemic, the Student Health Center may have limited hours and services. You can visit the Student Health Services web page at Imu.edu/health or call the office at (310) 338-2881 for updated information

Coverage Periods

Students: Coverage for all insured students enrolled for coverage in the Plan for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below, and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline*
Fall	08/01/2025	12/31/2025	09/26/2025
Spring	01/01/2026	07/31/2026	02/06/2026

^{*} Important Note: The LMU sponsored Aetna Insurance coverage is for one semester at a time (fall and spring). Therefore, if you wish to waive it, it must be waived for the fall and then again for the spring.

Rates

The rates below reflect premiums for the Plan underwritten by Aetna Health and Life Insurance Company (Aetna), as well as a Loyola Marymount University administrative fee.

Undergraduates and Graduate Students

	Fall	Spring
Student	\$1,164	\$1,612

Student Coverage

Eligibility

All students (undergraduate and graduate) enrolled at the university in 7 or more billable units and who attend classes for at least the first 31 days after the date when coverage becomes effective, are required to have insurance. All International students enrolled in 1 billable unit or more are required to have insurance. All students (undergraduate and graduate) enrolled at the university in 6 billable units or less may voluntarily purchase insurance through the Gallagher Student Health website https://www.gallagherstudent.com/LMU.

Enrollment

LMU Student Health Insurance Plan Summary:

All students (undergraduate and graduate) enrolled in 7 or more billable units are automatically enrolled in this plan as well. Students can waive the student health insurance plan if they can provide proof of comparable health insurance coverage that meets the school's waiver requirements. All LMU students enrolled in less than 7 billable units may voluntarily enroll in the Student Health Insurance Plan.

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, upon written request received by Aetna within 90 days of withdrawal from school.

Waiver Process/Procedure

All students (undergraduate and graduate) enrolled at the university in 7 or more billable units will be automatically enrolled in the LMU Student Health Insurance Plan unless a completed Waiver Form has been received by Gallagher Student Health along with proof of comparable health insurance coverage, by the specified enrollment deadline dates listed below.

Coverage Period	Waiver Deadline
Fall	09/26/2025
Spring	02/06/2026

Important Note: The LMU sponsored Aetna Insurance coverage is for one semester at a time (fall and spring). Therefore, if you wish to waive it, it must be waived for the fall and then again for the spring.

Instructions to Waive coverage:

- 1. Go to www.gallagherstudent.com/LMU
- 2. Click "Student Waive/Enroll".
- 3. Log in (if you haven't already) by following the instructions on the website.
- 4. Click the "I want to Enroll/Waive" button.
- 5. Follow the instructions to complete the form.
- 6. Save a copy of your reference number.

Waiver submissions may be audited by Loyola Marymount University, Gallagher Student Health, and/or their contractors or representatives. You may be required to provide, upon request, any coverage documents and/or other records demonstrating that you meet the school's requirements for waiving the student health insurance plan. By submitting the waiver request, you agree that your current insurance plan may be contacted for confirmation that your coverage is in force for the applicable policy year and that it meets the school's waiver requirements.

Medicare Eligibility Notice

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

Termination and Refunds

Withdrawal from Classes – Leave of Absence

If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

Withdrawal from Classes - Other than Leave of Absence

- If you withdraw from classes within 31-days after the start date of classes, you will be considered ineligible for coverage. Your coverage will be terminated retroactively, and any premium paid will be refunded.
- If you withdraw from classes more than 31- days after the start date of classes, your coverage will remain in force through the end of the period for which premium payment has been received. No premium will be refunded.
- If you withdraw from classes to enter the armed forces of any country, your coverage will end as of the date of such entry. We will refund your premium, on a pro-rata basis, if you submit a written request within 90 days from the date you withdraw.

Service area

Your plan generally pays for eligible health services only within a specific geographic area, called a service area. There are some exceptions, such as for emergency services, urgent care and transplants.

Precertification

You do not need to obtain pre-certification for any services. However, your provider is required to obtain pre-certification for certain Preferred Care services. Refer to the Precertification provisions in the Coverage section of the Certificate of Coverage for a complete description of the precertification programs including the types of services, treatments, procedures, visits or supplies that require precertification. No penalty will be applied to you for a Preferred Care service that was not pre-certified.

Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
Student \$500 per policy year N/A		N/A
Policy year deductible waiver		

The policy year deductible is waived for all of the following eligible health services:

- In-Network Care for Preventive Care Expense benefits, Pediatric Dental Benefits, Physician or Specialist Office Visit Expense, Walk-In Clinic Visit Expense, Consultant Expense, Urgent Care, Outpatient Mental Health Treatment and Outpatient Substance Abuse Treatment, Pediatric Vision Benefits and Outpatient prescription drugs.
- Radiology referred from Radiology referred from SHS to Cedars-Sinai Marina del Rey Hospital instead a \$30 Copay will apply in place of the deductible

Maximum out-of-pocket limits			
In-network coverage Out-of-network coverage			
Student	\$5,000 per policy year	N/A	

	In-network coverage	Out-of-network coverage	
Routine physical exams			
Performed at a physician's office	100% (of the negotiated charge) per visit No copayment or policy year	Not Covered	
	deductible applies		
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.		
Covered persons age 22 and over: Maximum visits per policy year	1 visit		
Preventive care immunizations			
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered	
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention		

	In-network coverage	Out-of-network coverage
Routine gynecological exams (includ	-	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered
Subject to any age limits provided for	r in the comprehensive guidelines support	ted by the Health Resources and
Services Administration.	in the comprehensive guidelines support	ted by the Health Resources and
Preventive screening and counseling	services	
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Depression, Misuse of alcohol & drugs, Tobacco Products, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered
Stress management counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered
Chronic condition counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered
Routine cancer screenings	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered
Maximum:	 Subject to any age; family history; and frequency guidelines as set forth in the most current: Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and The comprehensive guidelines supported by the Health Resources and Services Administration. 	
Lung cancer screening maximum	1 screening every 12 months*	
Prenatal and postpartum care services -Preventive care services only (includes participation in the California Prenatal Screening	100% (of the negotiated charge) per visit No copayment or policy year	Not Covered
Program)	deductible applies	

	In-network coverage	Out-of-network coverage
Lactation support and counseling	100% (of the negotiated charge) per	Not Covered
services	visit	
	No copayment or policy year	
	deductible applies	
Breast pump supplies and	100% (of the negotiated charge) per	Not Covered
accessories	item	
	No copayment or policy year	
	deductible applies	
Family planning services – contracep	ptives	
Contraceptive counseling services	100% (of the negotiated charge) per	Not Covered
office visit	visit	
	<u> </u>	
	No copayment or policy year	
	deductible applies	
Contraceptive prescription drugs	100% (of the negotiated charge) per	Not Covered
and devices provided,	item	
administered, or removed, by a	No server and an analisa construction	
provider during an office visit	No copayment or policy year	
For each 20 day supply or 12	deductible applies	
For each 30 day supply or 12 month supply		
Voluntary sterilization, including	100% (of the negotiated charge)	Not Covered
voluntary sternization, including vasectomy services-Inpatient	100% (of the negotiated charge)	Not covered
provider services	No copayment or policy year	
provider services	deductible applies	
Voluntary sterilization, including	100% (of the negotiated charge)	Not Covered
vasectomy services-Outpatient	20070 (or the hogo hates one go,	1101 0010101
provider services	No copayment or policy year	
l'	deductible applies	
The following are not covered under		
_	hat are only "reviewed" by the FDA and n	ot "approved", "granted" or "cleared"
by the FDA	•	-
Physicians and other health professi	onals	
Physician, specialist including	\$35 copayment then the plan pays	Not Covered
Consultants Office visits (non-	100% (of the balance of the	
surgical/non-preventive care by a	negotiated charge) per visit	
physician and specialist) (includes		
telemedicine consultations)	No policy year deductible applies	
Allergy testing and treatment		
Allergy testing performed at a	80% (of the negotiated charge)	Not Covered
physician or specialist office		
Allergy injections treatment	80% (of the negotiated charge)	Not Covered
performed at a physician's, or		
specialist office when you see the		
physician		

	In-network coverage	Out-of-network coverage	
Allergy sera and extracts	80% (of the negotiated charge)	Not Covered	
administered via injection at a			
physician's or specialist's office			
Physician and specialist surgical serv	rices		
Inpatient surgery performed during	80% (of the negotiated charge)	Not Covered	
your stay in a hospital or birthing			
center by a surgeon			
(includes anesthetist and surgical			
assistant expenses)			
The following are not covered under	this benefit:		
A stay in a hospital (Hospital)	stays are covered in the Eligible health se	rvices and exclusions – Hospital and	
other facility care section)	,	·	
 Services of another physician 	for the administration of a local anesthe	tic	
Outpatient surgery performed at a	80% (of the negotiated charge) per	Not Covered	
physician's or specialist's office or	visit		
outpatient department of a			
hospital or surgery center by a			
surgeon (includes anesthetist and			
surgical assistant expenses)			
The following are not covered under	this benefit:		
_	stays are covered in the <i>Eligible health se</i>	rvices and exclusions – Hospital and	
other facility care section)	stays are covered in the Englishe nearth se	Trees and exercise trespical and	
	surgery performed in a physician's office		
	for the administration of a local anesthe	tic	
Alternatives to physician office visits			
Walk-in clinic visits	\$35 copayment then the plan pays	Not Covered	
(non-emergency visit)	100% (of the balance of the	Not covered	
(non-emergency visit)			
	negotiated charge) per visit		
	No policy year deductible applies		
	No policy year deductible applies		
Hospital and other facility sare			
Hospital and other facility care	200/ (of the pagetists of shares) in a	Not Covered	
Inpatient hospital (room and	80% (of the negotiated charge) per	Not Covered	
board) and other	admission		
miscellaneous services and			
supplies)			
In alcodos hinthing contantacility.			
Includes birthing center facility			
charges			
The following are not eligible health:			
All services and supplies provided in:			
- Rest homes	, , , , , , , , , , , , , , , , , , , ,		
 Any place considered a person's main residence or providing mainly custodial or rest care 			
- Health resorts			
- Spas			
- Schools or camps			

	In-network coverage	Out-of-network coverage
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	Not Covered
Alternatives to hospital stays		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	Not Covered

- A stay in a hospital (See the Hospital care facility charges benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

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Home health Care	80% (of the negotiated charge) per	Not Covered	
	visit		

The following are not covered under this benefit:

- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Hospice-Inpatient	80% (of the negotiated charge) per admission	Not Covered
Hospice-Outpatient	80% (of the negotiated charge) per visit	Not Covered

The following are not covered under this benefit:

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
 - Sitter or companion services for either you or other family members
 - Transportation
 - Maintenance of the house

Skilled nursing facility- Inpatient	80% (of the negotiated charge) per admission	Not Covered
Emergency room	\$150 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in an emergency room	Not covered	Not covered

Important note:

 As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed

- on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the emergency room copayment/coinsurance cannot be applied to any
 other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other
 covered benefits under the plan cannot be applied to the I emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the emergency room that are not part of the emergency room benefit. These copayment/coinsurance amounts may be different from the emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the emergency room that are not part of the emergency room benefit may be subject to copayment/coinsurance amounts that are different from the emergency room copayment/coinsurance amounts.

 Non-emergency services in a hospital emergency room or an independent freestanding emergency department

	In-network coverage	Out-of-network coverage
Urgent care	\$35 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Not covered
	No policy year deductible applies	
Non-urgent use of an urgent care provider	Not covered	Not covered

The following is not covered under this benefit:

Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.		
Type A services	100% (of the negotiated charge) per visit	Not covered
	No copayment or deductible applies	
Type B services	100% (of the negotiated charge) per visit	Not covered
	No copayment or deductible applies	
Type C services	100% (of the negotiated charge) per visit	Not covered
	No copayment or deductible applies	
Orthodontic services	100% (of the negotiated charge) per visit	Not covered
	No copayment or deductible applies	
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

Pediatric dental care exclusions:

The following are not covered under this benefit:

- Asynchronous dental treatment
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth
- Crown, inlays and onlays, and veneers unless:
 - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
 - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces (that are determined not to be medically necessary), mouth guards
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
 - To alter vertical dimension
 - To restore occlusion
 - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eligible health services and exclusions Specific conditions section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
 - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
 - Provided for your personal comfort or convenience or the convenience of another person, including a provider
 - Provided in connection with treatment or care that is not covered under your policy
 - Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a dental provider

	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Not covered
(including equipment and training)	benefit and the place where the	
	service is received.	
Podiatric (foot care) treatment	Covered according to the type of	Not covered
Physician and specialist non-	benefit and the place where the	
routine foot care treatment	service is received.	

- Services and supplies for:
 - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
 - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
 - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
 - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

	In-network coverage	Out-of-network coverage
Impacted wisdom teeth	80% (of the negotiated charge)	Not covered
Accidental injury to sound natural	80% (of the negotiated charge)	Not covered
teeth		

The following are not covered under this benefit:

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment	Covered according to the type of benefit and the place where the service is received.	Not covered
The following are not covered under • Dental implants	this benefit:	
Blood and body fluid exposure	Covered according to the type of benefit and the place where the service is received.	Not covered

The following are not covered under this benefit:

• Services and supplies provided for the treatment of an illness that results from your clinical related injury as these are covered elsewhere in the student policy

Clinical Trials		
Routine patient	Covered according to the type of	Not covered
costs	benefit and the place where the	
	service is received.	

- Services and supplies related to data collection and record-keeping needed only for the clinical
- trial
- Services and supplies provided by the trial sponsor for free

The experimental intervention itself (except Category B investigational devices and promising experimental or investigational interventions for terminal illnesses in certain clinical trials in accordance with our policies)

	In-network coverage	Out-of-network coverage
Dermatological treatment	Covered according to the type of benefit and the place where the service is received.	Not covered
The following are not covered under	this benefit:	
Cosmetic treatment and proc	cedures	
Obesity bariatric Surgery and	Covered according to the type of	Not covered
services	benefit and the place where the service is received.	
Obesity surgery-travel and lodging		
Maximum benefit payable for travel expenses for each round trip – three round trips covered (one pre-surgical visit, the surgery and one follow-up visit)	\$130	Not covered
Maximum benefit payable for travel expenses per companion for each round trip – two round trips covered (the surgery and one follow-up visit)	\$130	Not covered
Maximum benefit payable for lodging expenses per patient and companion for the pre-surgical and follow-up visits	\$100 per day up to two days	Not covered
Maximum benefit payable for lodging expenses per companion for surgery stay	\$100 per day up to four days	Not covered

The following are not covered under this benefit:

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or
 treat obesity, including morbid obesity except as described above and in the Eligible health services and
 exclusions Preventive care and wellness section, including preventive services for obesity screening and
 weight management interventions. This is regardless of the existence of other medical conditions. Examples
 of these are:
 - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
 - Hypnosis or other forms of therapy
 - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

	In-network coverage	Out-of-network coverage
Maternity care that is not	Covered according to the type of	Not covered
considered preventive care	benefit and the place where the	
(includes delivery and postpartum	service is received.	
care services in a hospital or		
birthing center)		
The following are not covered under	this benefit:	
 Any services and supplies relaperform deliveries 	ated to births that take place in the home	or in any other place not licensed to
Well newborn nursery	80% (of the negotiated charge)	Not covered
care in a hospital or		
birthing center	No policy year deductible applies	
Abortion services (including pre	100% (of the negotiated charge)	Not covered
abortion and follow-up abortion		
related services)	No policy year deductible applies	
Gender affirming treatment		
Gender affirming treatment,	Covered according to the Behavioral	Not covered
including surgical, hormone	health section	
replacement therapy, and		
counseling treatment		
Behavioral health		
Medically necessary treatment of me	ntal health conditions and substance use	disorders are covered under the same
terms and conditions applied to othe	r medical conditions and in accordance w	ith the federal Mental Health Parity and
Addiction Equity Act.		
Mental Health Conditions & Substan	ce Use Disorder Treatment	
Inpatient hospital	80% (of the negotiated charge) per	Not covered
(room and board and other	admission	
miscellaneous hospital		
services and supplies)		
Outpatient office visits	\$35 copayment then the plan pays	Not covered

100% (of the balance of the

negotiated charge) per visit

visit

No policy year deductible applies 80% (of the negotiated charge) per

In-network coverage (IOE facility)*

Not covered

Out-of-network coverage

(includes telemedicine

services in the home)

Other outpatient treatment

(includes skilled behavioral health

consultations)

	In-network coverage	Out-of-network coverage
Transplant services-travel and	Covered	Not Covered
lodging		
Lifetime Maximum payable for	\$10,000	Not Covered
Travel and Lodging Expenses for		
any one transplant, including		
tandem transplants		
Maximum payable for Lodging	\$50 per night	Not Covered
Expenses per IOE patient		
Maximum payable for Lodging	\$50 per night	Not Covered
Expenses per companion		

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Infertility services		
Treatment of basic infertility	Covered according to the type of benefit and the place where the service is received.	Not Covered
Fertility preservation services		
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Not Covered

The following are not covered services under the infertility treatment benefit:

- Injectable **infertility** medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
 - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
 - Thawing of cryopreserved (frozen) eggs, embryos or sperm
 - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
 - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
 - Obtaining sperm from a person not covered under this plan for ART services
 - Home ovulation prediction kits or home pregnancy tests
 - The purchase of donor embryos, donor oocytes, or donor sperm
 - Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

	In-network coverage	Out-of-network coverage
Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	Not Covered
Diagnostic lab work performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	Not Covered
Diagnostic radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	Not Covered
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	Not Covered
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Not Covered
The following are not covered under	r this benefit:	
 Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan Enteral nutrition Blood transfusions and blood products Dialysis 		
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy) Combined for short-term rehabilitation services and habilitation therapy services	80% (of the negotiated charge) per visit	Not Covered
Acupuncture therapy	80% (of the negotiated charge) per visit	Not Covered
The following are not covered under this benefit:		
Acupressure		
Chiropractic services	80% (of the negotiated charge) per visit	Not Covered
Specialty prescription drugs purchased and injected or infused	Covered according to the type of benefit or the place where the service	Not Covered

by your provider in an outpatient

setting

is received.

	In-network coverage	Out-of-network coverage
Other services and supplies		
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	80% (of the negotiated charge) per trip	Paid the same in-network coverage
Durable medical and surgical equipment	80% (of the negotiated charge) per item	Not Covered

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Nutritional support	Covered according to the type of benefit or the place where the service	Not Covered
	is received.	
The following are not covered under this benefit:		

• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition

Prosthetic devices including contact	80% (of the negotiated charge) per	Not Covered
lenses for aniridia & Orthotics	item	

The following are not covered under this benefit:

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss or misuse
- Communication aids

Hearing Exams		
Hearing exam	100% (of the balance negotiated charge) per visit	Not Covered
	No policy year deductible applies	

The following are not covered under this benefit:

 Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay

Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified	100% (of the negotiated charge) per	Not Covered
ophthalmologist or optometrist	visit	
(includes comprehensive low vision		
evaluations)		

	In-network coverage	Out-of-network coverage
Low vision Maximum	One comprehensive low vision evaluation every five years	
Fitting of contact Maximum	1 v	risit
Pediatric vision care services &	100% (of the negotiated charge) per	Not Covered
supplies-Eyeglass frames,	item	
prescription lenses or prescription		
contact lenses		
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 1 year supply	
conventional prescription contact	Extended wear disposable: up to 1 year supply	
lenses & aphakic lenses prescribed	Non-disposable lenses: 1 year supply	
after cataract surgery)		
Optical devices	Covered according to the type of	Not Covered
	benefit and the place where the	
	service is received.	
Maximum number of optical	One optical device	
devices per policy year		

^{*}Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

Adult vision care Limited to covered persons age 19 and over		
Adult routine vision exams	\$20 copayment then the plan pays	Not Covered
(including refraction) Performed by	100% (of the balance of the	
a legally qualified ophthalmologist	negotiated charge) per visit	
or therapeutic optometrist, or any		
other providers acting within the	No policy year deductible applies	
scope of their license		
Includes fitting of prescription		
contact lenses		
Maximum visits per policy year	1 visit	

The following are not covered under this benefit:

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes Adult vision care services and supplies
- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

In-network coverage Out-of-network coverage

Outpatient prescription drugs

Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC)
 contraceptive prescription drugs and devices. Related services and supplies needed to administer covered
 devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

Generic prescription drugs

Your cost-share may not exceed \$250 for each 30 day supply of an individual prescription. This does not include any policy year deductible.

policy year area area.		
For each fill up to a 30 day supply filled at a retail pharmacy	\$20 copayment per supply	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less	\$50 copayment per supply	Not Covered
than a 90 day supply filled at a mail		
order pharmacy	No policy year deductible applies	

Preferred brand-name prescription drugs

Your cost-share may not exceed \$250 for each 30 day supply of an individual prescription. This does not include any policy year deductible

For each fill up to a 30 day supply	\$50 copayment per supply	Not Covered
filled at a retail pharmacy		
	No policy year deductible applies	
More than a 30 day supply but less	\$125 copayment per supply	Not Covered
than a 90 day supply filled at a mail		
order pharmacy	No policy year deductible applies	

	In-network coverage	Out-of-network coverage
Non-preferred brand-name prescrip	tion drugs	-
Your cost-share may not exceed \$25	0 for each 30 day supply of an individual	prescription. This does not include any
policy year deductible		
For each fill up to a 30 day supply	\$100 copayment per supply	Not Covered
filled at a retail pharmacy		
, ,	No policy year deductible applies	
More than a 30 day supply but less	\$250 copayment per supply	Not Covered
than a 90 day supply filled at a mail	y230 copayment per suppry	. Hot bovered
order pharmacy	No policy year deductible applies	
Specialty prescription drugs	The pency year academic applies	
	0 for each 30 day supply of an individual	prescription. This does not include any
policy year deductible	o for each 30 day supply of all illulvidual	prescription. This does not include any
	¢12F consument per cumply	Not Covered
For each fill up to a 30 day supply	\$125 copayment per supply	Not Covered
filled at a retail pharmacy	No action of deducation and is	
	No policy year deductible applies	
511.11.11.11.11.11.11.11.11.11.11.11.11.	<u> </u>	<u> </u>
Diabetic insulin important note:		
•	per 30-day supply of a covered preferred	prescription insulin drug filled at an in
network pharmacy.		
Contraceptives (birth control)		
For each fill up to a 12 month	100% (of the negotiated charge	100% (of the recognized charge)
supply of generic and OTC drugs		
and devices filled at a retail	No policy year deductible applies	No policy year deductible applies
pharmacy		
For each fill up to a 12 month	Paid according to the type of drug	Paid according to the type of drug
supply of brand name prescription	per the schedule of benefits, above	per the schedule of benefits, above
drugs and devices filled at a retail		
pharmacy	A brand name contraceptive is 100%	A brand name contraceptive is 100%
•	(of the negotiated charge), No policy	(of the recognized charge), No policy
	year deductible if there are no	year deductible if there are no
	generic therapeutic equivalents.	generic therapeutic equivalents.
Contraceptive important note:	, ,	1 1
· · · · · · · · · · · · · · · · · · ·	not apply to contraceptive methods who	en obtained at a network
	aid at 100%. This includes over-the-coun	
	ich of the methods identified by the FDA	
	ider, the therapeutic equivalent prescrip	
paid at 100%.	ider, the therapeatic equivalent presemp	tion arag for that method will be
paid at 100%.		
The prescription drug cost share will	apply to prescription drugs that have a g	reneric equivalent or therapeutic
	armacy unless you receive a medical exc	,
group of drugs or modications that b	ave a similar or identical mode of action	of are used for the treatment of the
group of drugs or medications that h		
same or similar disease or injury.	at one time	
same or similar disease or injury. You can fill up to a 12 month supply		Not Covered
same or similar disease or injury.	at one time. 100% (of the negotiated charge)	Not Covered

	In-network coverage	Out-of-network coverage
Preventive care drugs and	100% (of the negotiated charge per	Not Covered
supplements filled at a retail	prescription or refill	
pharmacy		
	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer	100% (of the negotiated charge) per	Not Covered
prescription drugs filled at a	prescription or refill	
pharmacy		
	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	Coverage will be subject to any sex, age, medical condition, family history,	
	and frequency guidelines in the recommendations of the United States	
	Preventive Services Task Force.	
Tobacco cessation prescription and	100% (of the negotiated charge per	Not Covered
over-the-counter drugs	prescription or refill	
(Preventive care)-Tobacco		
cessation prescription drugs and	No copayment or policy year	
OTC drugs filled at a pharmacy	deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history,	
	and frequency guidelines in the recommendations of the United States	
	Preventive Services Task Force.	

Outpatient prescription drug exclusions:

The following are not eligible health services:

- Compounded prescriptions containing bulk chemicals not approved by the FDA including compounded bioidentical hormones
- Cosmetic drugs including medication and preparations used for cosmetic purposes
- Devices, products and appliances unless listed as an eligible health service
- Dietary supplements, except as described in the Eligible health services and exclusions -Nutritional Support section
- Drugs or medications:
 - Administered or entirely consumed at the time and place they are prescribed or provided
 - Which do not require a prescription by law, even if a prescription is written, unless we have approved a medical exception
 - That are therapeutically the same or an alternative to a covered prescription drug, unless we approve a medical exception
 - Not approved by the FDA or not proven safe or effective
 - Provided under your medical plan while inpatient at a healthcare facility
 - Recently approved by the FDA but not reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
 - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
 - That are used to increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity or alter the shape or appearance of a sex organ unless listed as an eligible health service

- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature, unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy; for example, two antihistamines for the same condition
- Genetic care including:
 - Any treatment, device, drug, service or supply to alter the body's genes, genetic makeup or the
 expression of the body's genes unless listed as an eligible health service
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except for medically necessary implantable drugs and associated devices used to treat behavioral health conditions or as specifically stated in the schedule of benefits or the certificate
- Infertility:
 - Prescription drugs used primarily for the treatment of infertility
- Injectables including:
 - Any charges for the administration or injection of prescription drugs
 - Needles and syringes except for those used for insulin administration
 - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting with the exception of Depo Provera and other injectable drugs for contraception
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
 - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth or prescription drugs for the treatment of a dental condition
 - That are considered oral dental preparations and fluoride rinses except pediatric fluoride tablets or drops as specified on the plan's drug guide
 - That are used for the purpose of improving visual acuity or field of vision
 - That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, or drugs obtained for use by anyone other than the person identified on the ID card
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (one with the same active ingredient or same therapeutic effect), supply or equipment is on the plan's drug guide
- Any dosage or form of a drug when the same drug is available in a different dosage or form on the plan's drug guide

Outpatient prescription drugs important note:

If a provider prescribes a covered brand-name prescription drug when a generic equivalent is available and not covered by the plan, you will pay the generic price for the brand name drug. If a provider prescribes a covered brand-name prescription drug when a generic prescription drug equivalent is available and covered by the plan, you will pay the cost share for the generic drug if the brand is medically necessary. If the brand-name prescription drug is not medically necessary, you will be responsible for the cost share that applies to the brand-name drug.

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

Out of Country claims

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the In-network level of benefits.

General Exclusions

Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

Beyond legal authority

• Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

 Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.) Coverage that may be provided under the Eligible health services and exclusions - Gender affirming treatment section.

Court-ordered services and supplies

Court-ordered testing or care unless medically necessary

Custodial care

Services and supplies meant to help you with activities of daily living or other personal needs. Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

This exclusion does not apply to:

- Medically necessary treatment of mental health disorders and substance use disorders
- Assistance with activities of daily living that are provided as part of eligible health services under Hospice
 care when given as part of a home health care program, hospice care program, inpatient skilled nursing
 facility care or inpatient hospital care

Dental care for adults

- Dental services for adults including services related to:
 - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
 - Dental services related to the gums
 - Apicoectomy (dental root resection)
 - Orthodontics
 - Root canal treatment
 - Soft tissue impactions
 - Alveolectomy
 - Augmentation and vestibuloplasty treatment of periodontal disease
 - False teeth
 - Prosthetic restoration of dental implants
 - Dental implants except when part of an approved treatment plan for an eligible health service described in the Eligible health services and exclusions – Reconstructive surgery and supplies section

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

Educational services

Examples of these services that are non-medical and are not medically necessary to treat mental health conditions or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the
 Eligible health services and exclusions Diabetic services and supplies (including equipment and training)
 section. This includes:
 - Special education
 - Remedial education
 - Job training
 - Job hardening programs

Educational services, schooling or any such related or similar program

Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To trave
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

Experimental, investigational, or unproven

 Experimental, investigational, or unproven drugs, devices, treatments or procedures unless otherwise covered under clinical trials

Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

 All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the Medical necessity section.

Genetic care

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

This exclusion does not apply to gender affirming treatment or bone growth stimulation devices.

Hearing aids

Any tests, appliances and devices to:

- Improve your hearing
- Enhance other forms of communication to make up for hearing loss or devices that simulate speech

This exclusion does not apply to:

- Hearing screenings or exams
- Bone anchored hearing aid
- Cochlear implants

Incidental surgeries

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

Medical supplies - outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
 - Sheaths
 - Bags
 - Elastic garments
 - Support hose
 - Bandages
 - Bedpans
 - Splints
 - Neck braces
 - Compresses
 - Other devices not intended for reuse by another patient

This exclusion does not apply to disposable supplies that must be covered as or in connection with durable medical equipment, hospice care, ostomy and urological supplies, and outpatient prescription drugs

Other primary payer

Payment for a portion of the charge that Medicare or another party pays for as the primary payer

Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

Private duty nursing

School health services

- Services and supplies normally provided without charge by the policyholder's:
 - School health services
 - Infirmary
 - Hospital
 - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by the **policyholder**.

Services not permitted by law

• Some laws restrict the range of health care services a **provider** may perform under certain circumstances or in a particular state. When this happens, the services are not covered by the plan.

Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

Sinus surgery

 Any services or supplies given by providers for non-medically necessary sinus surgery except for acute purulent sinusitis

Strength and performance

- Services, devices and supplies that are not medically necessary, such as drugs or preparations designed primarily for enhancing your:
 - Strength
 - Physical condition
 - Endurance
 - Physical performance

Students in mental health field

- Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field
- This exclusion does not apply to services to treat a mental health condition or substance use disorder

Telemedicine

- Services given when you are not present at the same time as the **provider**
- Services including:
 - Telemedicine kiosks
 - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

The Loyola Marymount University Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student HealthSM is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Nondiscrimination Notice

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: CRCoordinator@aetna.com

Please visit https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html

Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

አጣርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyede gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔɔ̀-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

Farsi/فارسی

توجه: اگر به زیان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો 1-877-480-4161 (TTY: 711).

Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo 1-877-480-4161 (TTY: 711).

한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آب کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-480-478-1 پر کال کرس.

Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

Yorùbá/Yoruba

Àkíyèsí: Bí o bá nso èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).